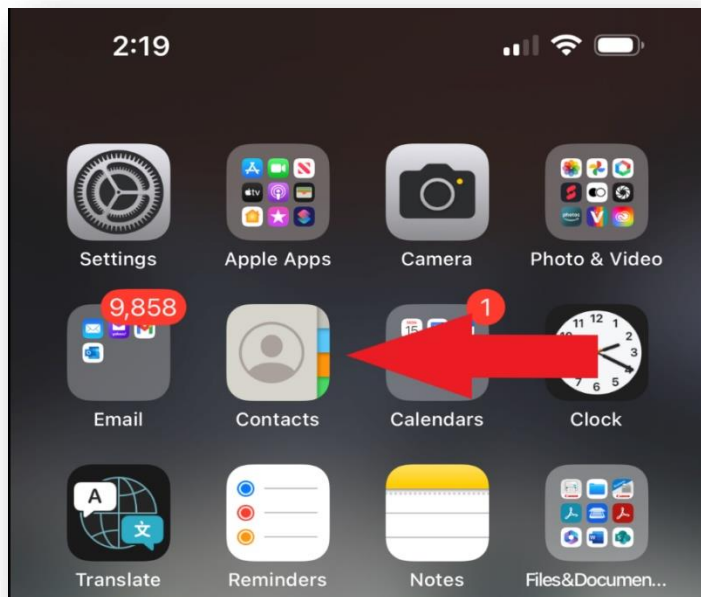
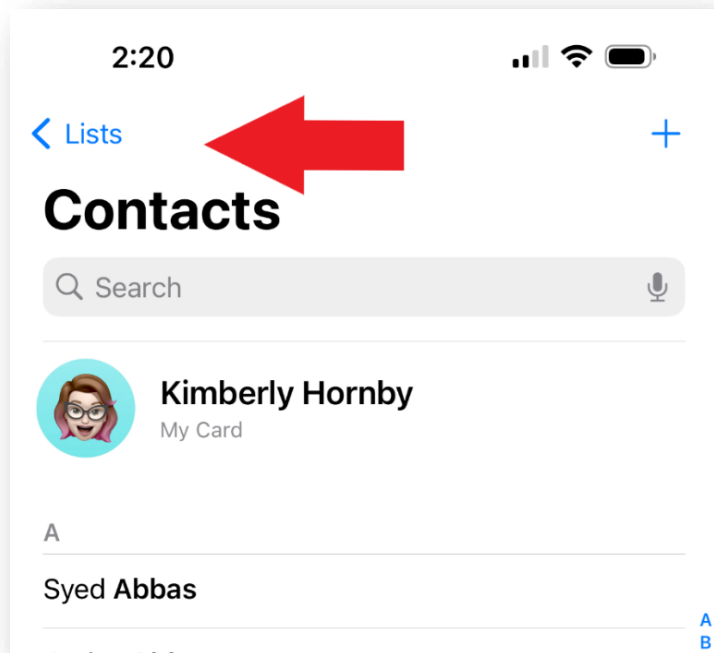


How to Export/Import Your Contact List on your iPhone

To Export Contacts from your contacts app



On your iPhone, select Contacts

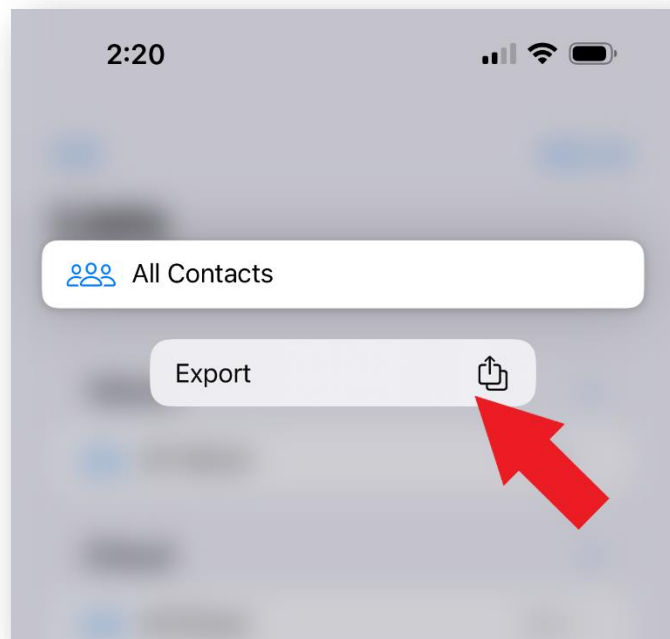


From within Contacts app, select Lists at top left-hand side.

How to Export/Import Your Contact List on your iPhone

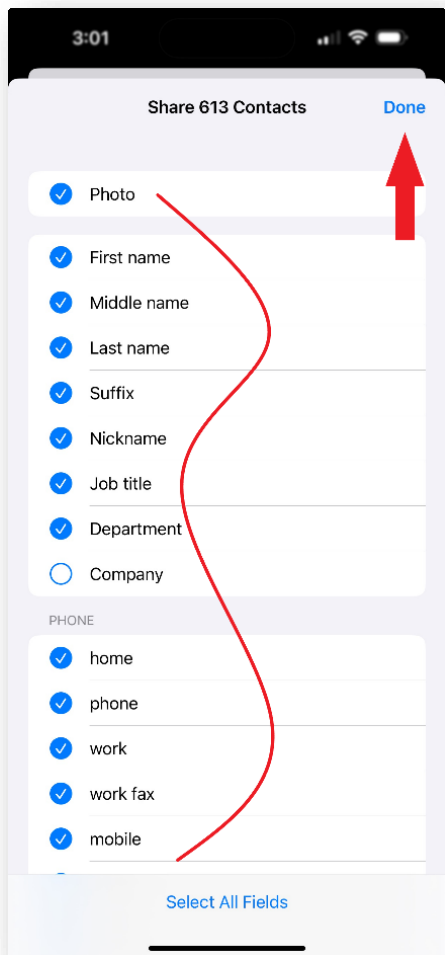


Select and briefly hold All contacts or the list of contacts you want to save and import back to your iPhone. Export option should appear.



Select Export

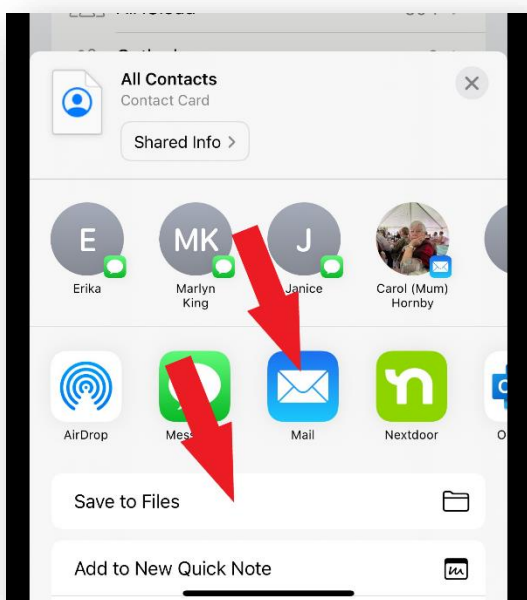
How to Export/Import Your Contact List on your iPhone



Select/deselect the fields you want to appear in your contacts list and select Done.

Note: If you want All fields then you can click on Select All fields at the bottom and then select Done.

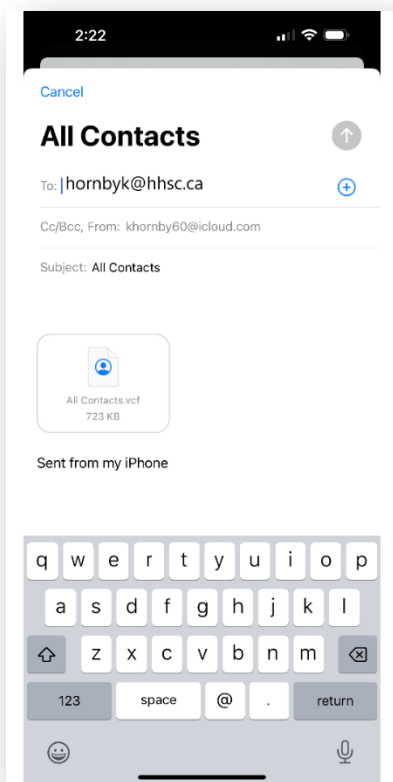
This creates a .vcf contact card for all your contacts.



Select Save to Files, to save a copy to your phone.

You can also Select Mail to send the contacts to yourself.

How to Export/Import Your Contact List on your iPhone

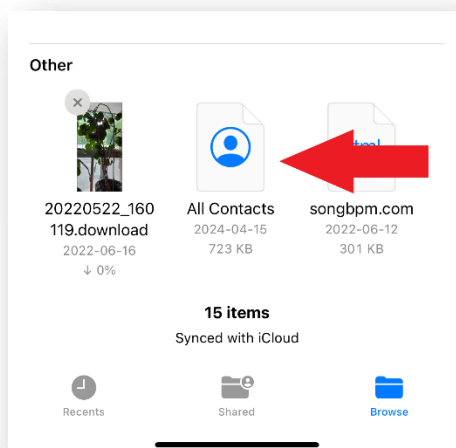


I would suggest you email a copy to yourself as well as save to file so you have a copy in the event something happens and you need to retain a copy.

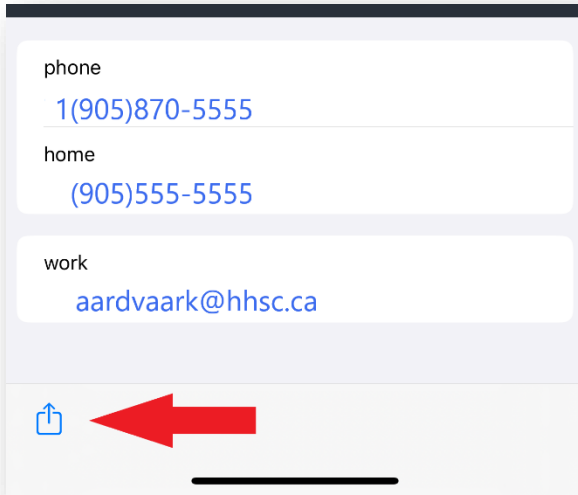
To Import your contacts back into your Contacts app



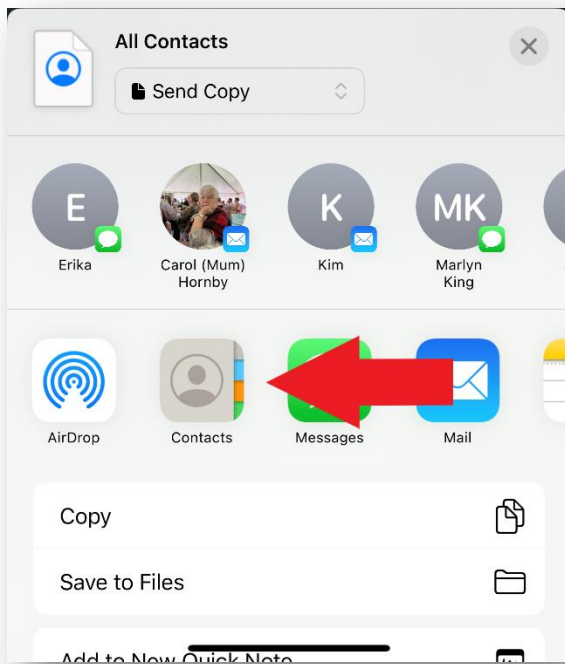
Select your Files folder and browse to the file you saved.



How to Export/Import Your Contact List on your iPhone



Select the share symbol at the bottom right-hand side of the file.

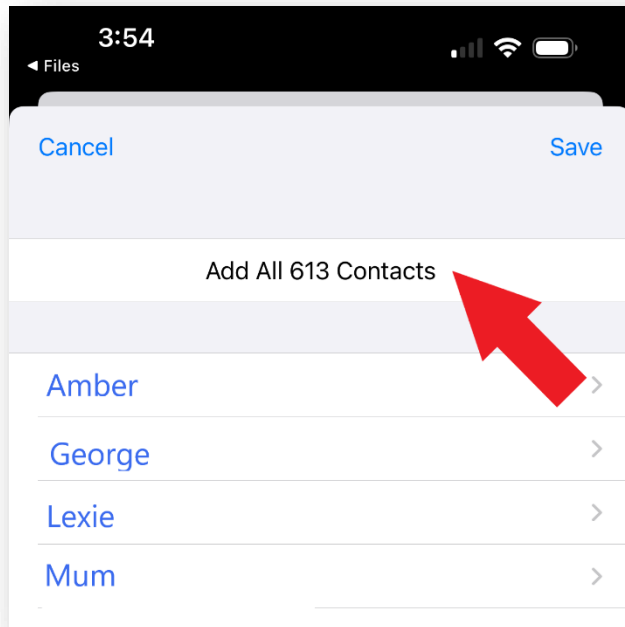


Select your contacts app.

How to Export/Import Your Contact List on your iPhone



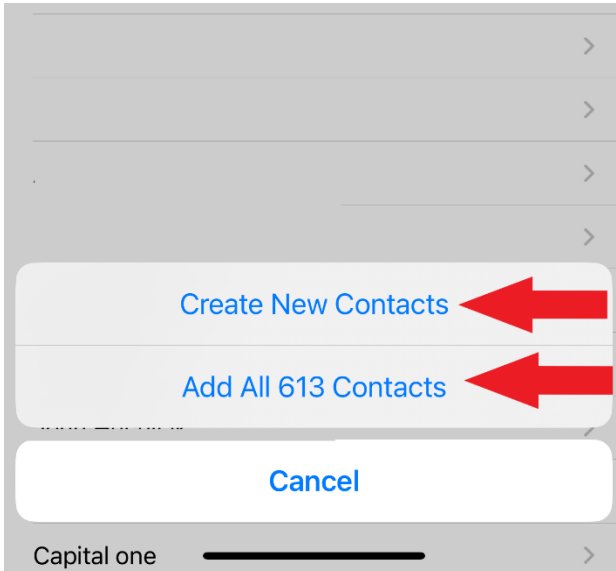
Click Save.



You can also Select Add All ## Contacts.

Note: You can also choose to select individual contacts you want to add.

How to Export/Import Your Contact List on your iPhone



Then Select Create New Contacts or Add All ## Contacts.