

## Prostaglandin Gel

### Your care after insertion of prostaglandin (PG) gel

#### What is PG gel?

The doctor has put prostaglandin (PG) gel into your vagina to help prepare your cervix for labour induction. Prostaglandin is a hormone that helps the cervix soften and become ready for labour. Having a softer cervix may make the induction of labour easier, and reduce the chance of needing a caesarean section.

#### When you go home

After the gel is inserted, you may feel some cramps. In some women, the cramps continue to get stronger and may lead to labour. For others, the cramps slow down and stop.

You may also have:

- a mucous discharge from your vagina
- a warm feeling in your vagina
- diarrhea, which is a side effect of the gel

#### When to return to the hospital:

Call the Labour and Delivery unit at **905-521-5050** if you notice any of the following: (if you are a patient of a midwife please also call your midwife)

- regular, strong contractions (you may be in labour)
- continuous fluid leaking from your vagina
- your baby is moving less than usual
- bright red vaginal bleeding
- constant pain in your belly that continues to get worse
- any other concerns with your pregnancy

**If you are concerned about yourself or your baby, it is best for you to come to the hospital to be seen.**

#### When to return for more PG gel or induction

Some women need more than one dose of PG gel. The doctor will tell you if you need more gel, and when to go to the Labour and Delivery unit for a second dose.

If you do not need more gel, please read the “**Checklist for induction of labour**”. This tells you what to do on the day of your Induction and when to come to the Labour and Delivery unit.