



## Welcome to DPR: Developmental Pediatrics and Rehabilitation Services

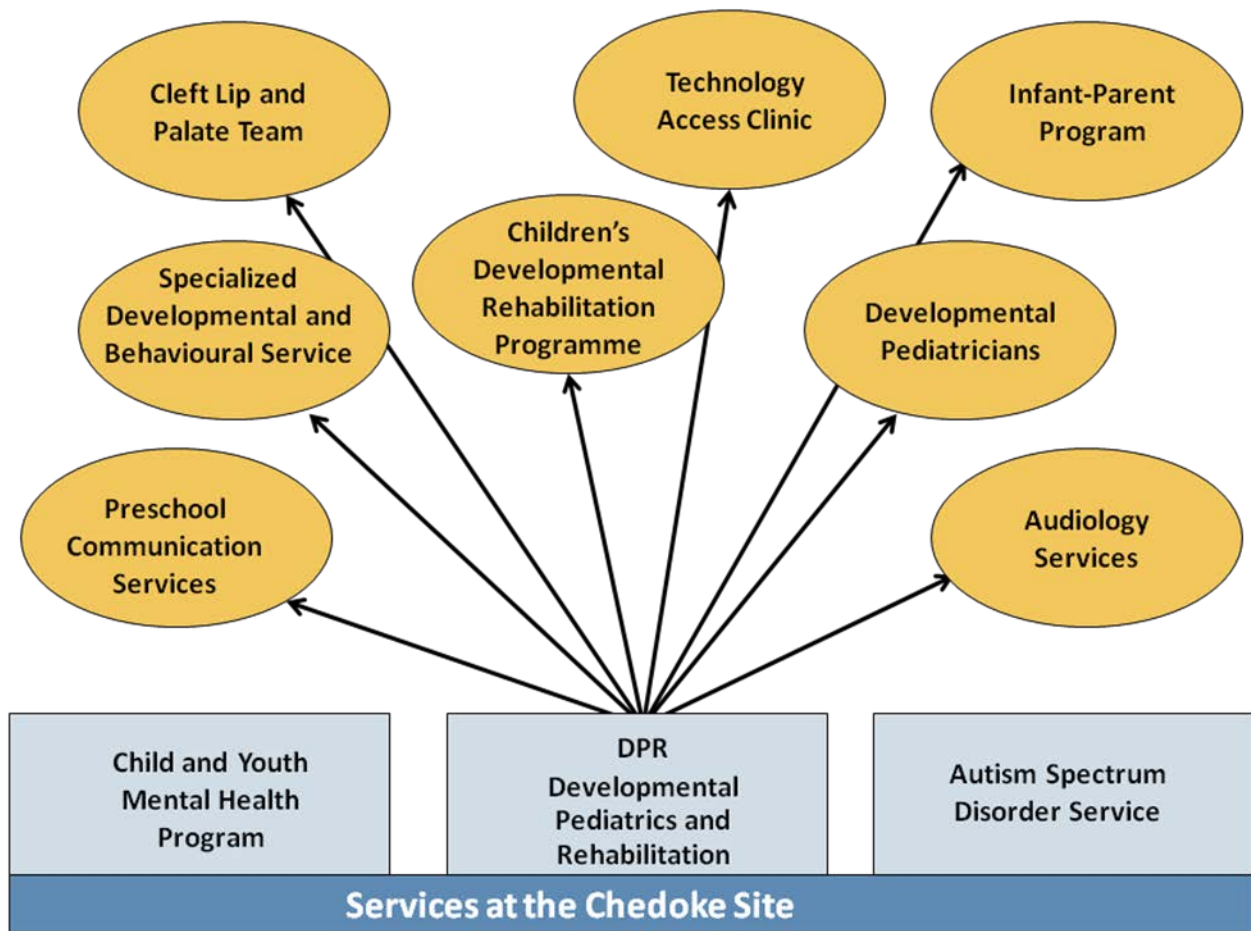


Information for parents about DPR services at the  
Chedoke Site of McMaster Children's Hospital

## An overview of Developmental Pediatrics and Rehabilitation Services (DPR)

We provide outpatient care, teaching and support to children and families with developmental, behavioural, physical or communication needs.

There are many types of DPR services offered at the Chedoke Site of McMaster Children’s Hospital. Some of these services may be appropriate for your child.



## Our services

Your child may benefit from one or more DPR services. The services your child receives will depend on his or her abilities, skills and needs.

These services may be provided by one or more of the following:

- Audiologist
- Behaviour Therapist
- Biomedical Technologist
- Communicative Disorders Assistant
- Developmental Pediatrician
- Early Childhood Resource Specialist
- Infant-Parent Therapist
- Occupational Therapist
- Psychologist
- Psychometrist
- Physiotherapist
- Registered Nurse
- Social Worker
- Speech and Language Pathologist
- Therapeutic Recreationist

As your child's needs change, services from other DPR teams may be appropriate. The clinician you are working with can refer your child directly to other DPR services.

## Audiology Services

We provide complete hearing services to people of all ages.

Our team can:

- Assess hearing and hearing disorders
- Select, fit and test hearing aids

As a member of Ontario's Infant Hearing Program, we can:

- Test hearing in babies and children
- Diagnose hearing loss early, so children can get the support needed to develop language skills
- Provide hearing services for children with permanent hearing loss

Our dispensary can also fit hearing aids, swim plugs and noise-reducing earplugs.

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## Children's Developmental Rehabilitation Programme (CDRP)

We provide services for children with functional problems, and their families.

'Functional' refers to problems that get in the way of your child doing activities of daily living such as eating, moving around, communicating and playing.

These problems are related to neurological or developmental disabilities.

We help families who live in Hamilton and provide services from birth up to age 18. The services you receive will depend on the needs of your child and family.



## Cleft Lip and Palate Program (CLP)



Children with cleft lip and palate have many needs that change as they grow and develop. Our services are available to meet your child's needs throughout his or her development.

We provide care in three stages:

- From birth to 2 years
- 2 to 6 years, and
- 7 to 22 years.

Our team members will see your child regularly. We will try to anticipate his or her needs to prevent possible problems or deal with them early on.

## Developmental Pediatricians

If you want to know ‘Why is my child developing differently from other children?’ and ‘What can be done to help my child?’, Developmental Pediatricians can help.

To answer these questions we will observe and examine your child, and gather information from other professionals such as therapists, teachers and psychologists. Technical tests can also provide valuable information about your child’s development.

To find the best way to help your child, we need to fully understand:

- Your child’s usual life
- What challenges he or she faces, and
- What kind of support is already being helpful.

## Infant-Parent Program (IPP)



We support families of young children (up to 3 years of age) who are at risk because of developmental, medical or other problems.

Our team members can help your family adjust to having a baby or toddler who may have special needs. We will work with you to set goals and solve problems.

Our goal is to help your family reach its best potential.

## **Preschool Communication Services (PCS)**

We provide speech and language services to children up to 5 years of age, and their families. As part of the 'Early Words' services in this region, we can:

- Assess your child's speech and language development
- Treat speech and language difficulties
- Offer programs for parents and other caregivers
- Provide information about other services and resources
- Work with community partners such as early learning and care centres and Early Words programs

## **Specialized Developmental and Behavioural Services (SDBS)**

We help families of:

- Children and teens with developmental disabilities
- Preschool-age children with behavioural or emotional challenges

A health professional from our team will work closely with you to determine your child's needs and arrange services.

The services your family receives may include:

- Assessing your child's physical and psychological development
- Consultation
- Support or treatment groups
- Education sessions



We will help your family get the services and support needed to reach your goals.

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## Technology Access Clinic (TAC)

We provide Augmentative and Alternative Communication Services (AAC).

We help people of all ages who have physical problems and need help with written or face-to-face communication.

Our team members can:

- Determine your needs for augmentative communication strategies or devices
- Help you get funding for communication devices
- Provide advice and follow-up in your own surroundings



## Working together

Our care is family-centred. This means that you and your family are an important part of the health care team. We will work together to plan your child's care.

### How you can help us

You can be involved in your child's health care by:

- Sharing information about your child
- Telling us what's important to you and your child
- Asking questions, especially when you don't understand
- Helping plan how the care for your child will happen here at the centre, at your home and/or in daycare if your child attends
- Sharing concerns about your child or the plan of care
- Telling us about any changes in your child or his/her needs
- Talking to us and filling out surveys when available
- Being on time for appointments
- Not bringing your child to an appointment when he/she is sick
- Calling ahead of time to cancel if your child is sick or you can't come (refer to DPR contact information on page 11)

### How we will help you and your child

We will be involved in your child's care by:

- Asking you questions to get to know you and your child
  - Sharing information with you about your child's strengths and challenges
  - Giving you information on your child's progress
  - Helping you understand the challenges your child faces
  - Showing you things that you can do to help your child
  - Responding quickly when you or your child needs help
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- Asking for and responding to your concerns about your child's care
- Planning the next steps for your child with you and other members of the health care team
- Including people important to you and your child in your child's care
- Providing a convenient, accessible, child-friendly, welcoming place
- Keeping all information about you and your child private
- Asking your permission to share information with other people who help your child

## For referrals to DPR

For information about referrals to DPR services, please call the Intake Service at 521-2100, ext. 77950.

## For more information

### **McMaster Children's Hospital**

The hospital's website has information about all our programs and services, and links to other resources.

- [www.mcmasterchildrenshospital.ca](http://www.mcmasterchildrenshospital.ca)

### **Family Resource Centre**

McMaster Children's Hospital, Chedoke site, Evel Building, 1<sup>st</sup> floor, 905-521-2100, ext. 77243

- We have books, videos, DVDs, pamphlets and online health information.
- Call or visit to learn about parenting, child development or common childhood disorders.

**Community Resources** - see next page

## Community Resources

\*resources with links to many other services

| Resource  | Phone                        | Website or Email  |
|---|------------------------------|---|
| <b>Social/ Family Supports</b>                                    |                              |   |
| Affiliated Services for Children and Youth (ASCY)                 | 905-574-6876                 | <a href="http://www.ascy.ca">www.ascy.ca</a>  |
| Best Start  | 1-800-397-9567               | <a href="http://www.beststart.org/">www.beststart.org/</a>  |
| Canadian Mental Health Association                                | 905-521-0090                 | <a href="http://www.cmha.ca/">www.cmha.ca/</a>  |
| Catholic Children's Aid Society                                   | 905-525-2012                 | <a href="http://www.hamiltonccas.on.ca">www.hamiltonccas.on.ca</a>  |
| Catholic Family Services  | 905-527-3823                 | <a href="http://www.cfshw.com/">www.cfshw.com/</a>  |
| Children's Aid Society  | 905-522-1121<br>905-522-8053 | <a href="http://www.hamiltoncas.com">www.hamiltoncas.com</a>  |
| <b>Community Resources Information</b>                            |                              |   |
| Community Education Service                                       | 905-521-2100<br>ext.74243    | <a href="http://www.communityed.ca/">www.communityed.ca/</a>  |
| Childcare Information Hamilton                                    | 905- 528-0591                | <a href="mailto:info@cafcc.on.ca">info@cafcc.on.ca</a>  |
| CONTACT Hamilton*   | 905-570-8888                 | <a href="http://www.contacthamilton.ca">www.contacthamilton.ca</a>  |
| Inform Hamilton* (Community Service Database)                     | 905-528-0104                 | <a href="http://www.informhamilton.ca">www.informhamilton.ca</a>  |
| Ontario Association of Children's Rehabilitation Services (OACRS) | 416-424-3864                 | <a href="http://www.oacrs.com">www.oacrs.com</a>  |
| City of Hamilton Public Library                                   | 905 546 3200                 | <a href="http://www.myhamilton.ca/kids/parents">www.myhamilton.ca/kids/parents</a>  |
| City of Hamilton Public Health Services                           | 905 546-3550                 | <a href="http://www.hamilton.ca/HealthandSocialServices/PublicHealth/Parenting">www.hamilton.ca/HealthandSocialServices/<br/>PublicHealth/Parenting</a>                                       |
| <b>Crisis Intervention</b>  |                              |   |
| Crisis Outreach & Support Team (COAST)                            | 905-972-8338                 | <a href="http://www.coasthamilton.ca/">www.coasthamilton.ca/</a>  |
| <b>Respite Care</b>   |                              |   |
| Community Living Hamilton   | 905-528-0281                 | <a href="http://www.communitylivinghamilton.com">www.communitylivinghamilton.com</a>  |
| Community Care Access Centre (CCAC)                               | 905-523-8600                 | <a href="http://www.ccac-ont.ca">www.ccac-ont.ca</a>  |
| <b>Financial Aid</b>  |                              |   |
| Assistance for Children with Severe Disabilities (ACSD)           | 905-521-7280                 | <a href="http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/disabilities/index.aspx">www.children.gov.on.ca/htdocs/English/<br/>topics/specialneeds/disabilities/index.aspx</a> |
| Ontario Disability Support Program (ODSP)                         | 905-546-4800                 | <a href="http://www.odspaction.ca/">www.odspaction.ca/</a>  |

# Developmental Pediatrics and Rehabilitation Services

**Location:** Chedoke site of McMaster Children's Hospital  
565 Sanatorium Road, Hamilton, ON

**Hours:** We are open from 8 am to 5 pm

**General inquiries:** Call **905-521-2100**

- Evel Building –ext. 74920
- Holbrook Building –ext. 77008
- Intake Service –ext. 77950

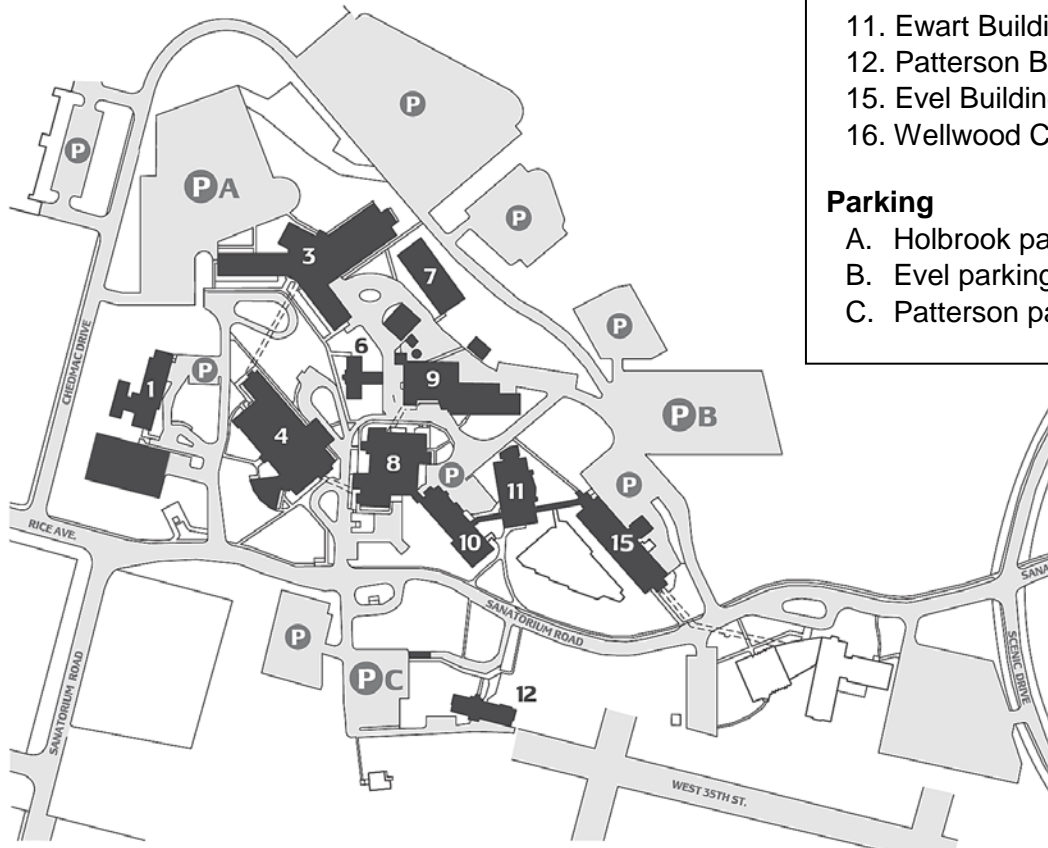
**Website:** [www.mcmasterchildrenshospital.ca](http://www.mcmasterchildrenshospital.ca)

### Chedoke Buildings

1. Empire Building
3. Holbrook Building
4. Wilcox Building
6. Bruce Building
7. Building 74
8. West Quarters Building
10. Southam Building
11. Ewart Building
12. Patterson Building
15. Evel Building
16. Wellwood Centre

### Parking

- A. Holbrook parking
- B. Evel parking
- C. Patterson parking



| Building              | DPR Service  | Contact us |
|-----------------------|--|------------|
| # 3 Holbrook Building | • Children's Developmental Rehabilitation Programme (CDRP) | Ext. 77031 |
|                       | • Infant-Parent Program                                    | Ext. 77406 |
|                       | • Technology Access Clinic                                 | Ext. 77833 |
| # 6 Bruce Building    | • Preschool Communication Services                         | Ext. 77211 |
| # 15 Evel Building    | • Audiology Services                                       | Ext. 77951 |
|                       | • Cleft Lip and Palate                                     | Ext. 77210 |
|                       | • Specialized Developmental and Behavioural Services       | Ext. 77297 |

Parking at Chedoke is a flat rate of \$5. No charge to 'drop off' (less than 15 minutes). Coin payment is required to exit parking lot. Change machines are located in the main entrances of the Evel, Holbrook and Wilcox buildings.

