## **Incidental MRI Findings**



# <u>Incidental findings on MRI Brain not requiring surgery or chemotherapy and the prescreening needed for possible pituitary deficiencies.</u>

Dear referring Practitioner,

- Please print and complete this page then fax back with the completed referral.
- Please review the following checklist to ensure that all information is available for more efficient triaging and shorter wait times for your patient.
- Please send this completed application only once results for all required investigations is available. Referrals with pending results will not be triaged until all results are available.

### Please see the following chart for recommended pituitary screening.

**Male** Female

1,1416	
IGF-1	IGF-1
8 am cortisol	8 am cortisol
TSH	TSH
Free T4	Free T4
Prolactin	Prolactin
*LH	*LH
*FSH	*FSH
*Total Testosterone	*Estradiol
Glucose	Glucose
Electrolytes	Electrolytes
*LH, FSH and Total Testosterone to be completed on newborn	*LH, FSH, Estradiol to be completed on newborn girls up to 6
boys up to 6 months <b>and</b> 11 years of age and older.	months and 10 years of age and older.

### **Consult endocrinology when (please check box that applies to your patient):**

[	] If any of the lab results suggest pituitary dysfunction
[	] Clinical concerns such as, abnormal growth patterns or pubertal developmen

#### No endocrinology consult required if:

Lab results are reported in the normal ranges:

- 1. continue to monitor the child's linear growth and pubertal development
- **2.** Yearly screening labs (above table)

After the first 2 years of screening labs continue to be normal then discontinue lab testing

Clinical concern arises after this time, the above labs should be ordered.

We strive to meet the triaging times (below), but please note that times may vary in particular for non-urgent or elective referrals.

#### Categories for Urgency:

Emergent- contact staff endocrinologist on call (905) 521-5030

Urgent – within 7 days – contact staff endocrinologist on call before sending referral (905) 521-5030

**Semi-urgent** – 1 to 4 weeks **Non-urgent** – 4-16weeks

**Elective**– Next available